PARENTING IN A DIGITAL AGE

A CAPTIVATING **INTERNET SAFETY WORKSHOP** FOR PARENTS & GUARDIANS OF **CHILDREN & TEENS.**

PARENTS RESOURCES

The DigiWise Youtube Channel
Videos to watch and instructional videos on how to install various monitoring apps

WATCH

SnapChat
DigiWise is leading a campaign to ban Snapchat in primary schools, because of deep concerns about its potential negative impact on young children. Read this thought-provoking article by Dr Colman Noctor

READ

Game/App Info
All you need to know about your kids games and apps

READ

Parents Resources
Contract Templates for Devices, educational videos etc.

READ

Screen Time Reducing Resources
-Boredom Jar

LEARN MORE

Jackie's Top Tips

- Limit screen time.
- Protect privacy.
- Limit video shorts
- Kids need 10 hours sleep
- Install Google Family Link
- Stick to app age ratings

DigiWise

DigiWise.ie